

Player: **J. A.**

TEAM

TANITA BC-418MA

Birthdate: **19/09/1980** Age **29**

Profile: **Paddler**

GLOBAL ANALYSIS		
Total body mass	91,9 Kg	
Height	196 cm	
Total body fat	9,5 Kg	10,3 %
Total fat-free mass	82,4 Kg	89,7 %
Total body water	60,3 Kg	65,6 %
Body Mass Index (BMI)	23,92 Kg/m ²	
Basal Metabolic Rate	2.422 kcal	

Date: **May, 19th 2008**

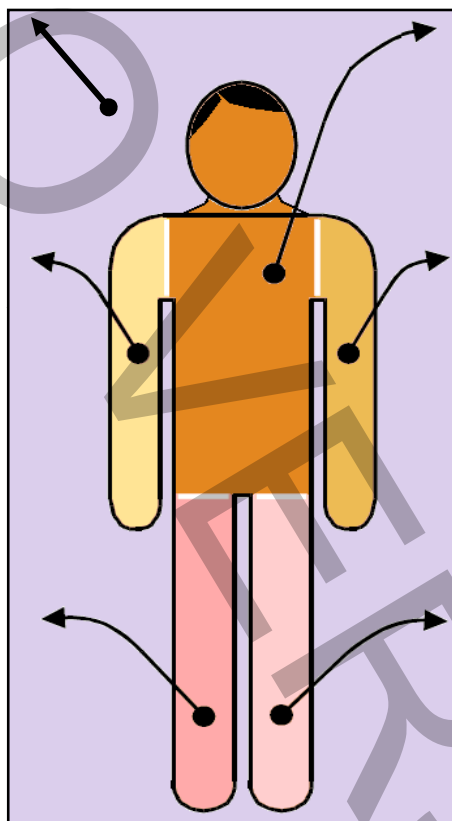
Time: **9:36 h**



TRUNK		
Mass	49,3 Kg	53,6 %
Fat mass	5,1 Kg	10,3 %
Fat-free mass	44,2 Kg	89,7 %
Muscle mass	42,5 Kg	86,2 %
Residual mass	1,7 Kg	3,4 %

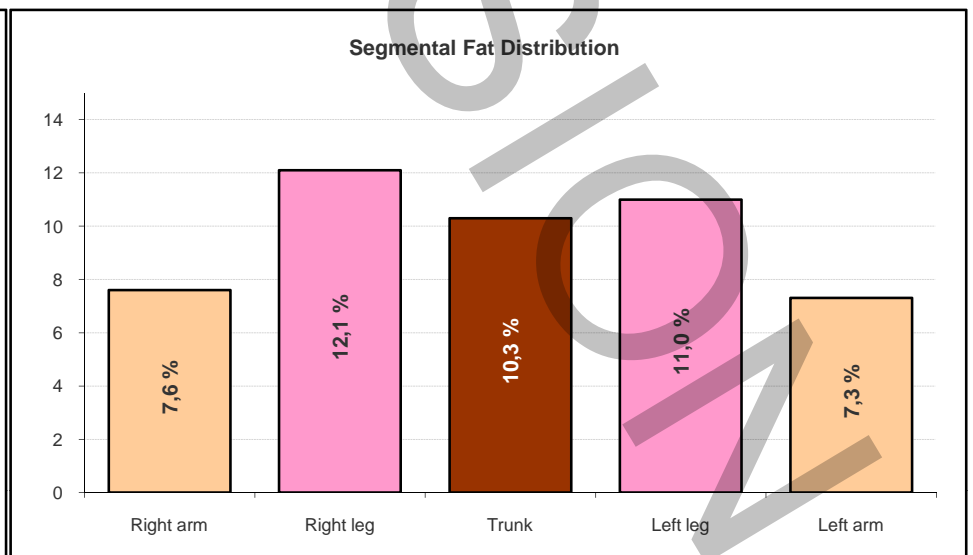
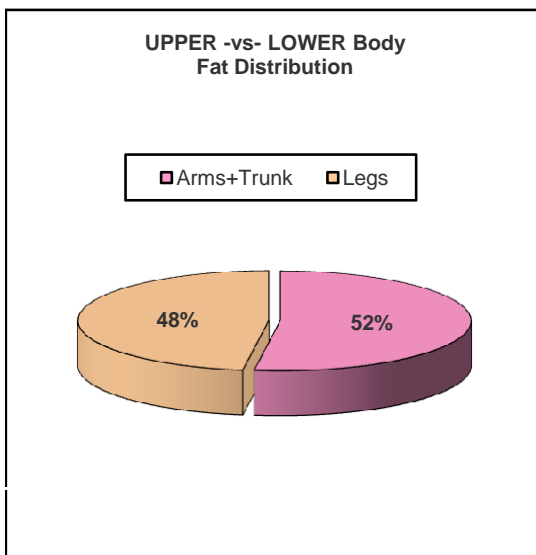
RIGHT ARM		
Mass	6,0 Kg	6,5 %
Fat mass	0,5 Kg	7,6 %
Fat-free mass	5,5 Kg	91,7 %
Muscle mass	5,2 Kg	86,7 %
Residual mass	0,3 Kg	5,0 %

LEFT ARM		
Mass	5,9 Kg	6,4 %
Fat mass	0,4 Kg	7,3 %
Fat-free mass	5,5 Kg	93,2 %
Muscle mass	5,2 Kg	88,1 %
Residual mass	0,3 Kg	5,1 %



RIGHT LEG		
Mass	15,3 Kg	16,6 %
Fat mass	1,9 Kg	12,1 %
Fat-free mass	13,4 Kg	87,6 %
Muscle mass	12,7 Kg	83,0 %
Residual mass	0,7 Kg	4,6 %

LEFT LEG		
Mass	15,4 Kg	16,8 %
Fat mass	1,7 Kg	11,0 %
Fat-free mass	13,7 Kg	89,0 %
Muscle mass	13,0 Kg	84,4 %
Residual mass	0,7 Kg	4,5 %



COMPARATIVE ANALYSIS: Player -vs- Team Mean Values

